



QUIZ

Avoiding Lifestyle Creep

NAME: _____

TOTAL
/ 3 pts

MULTIPLE CHOICE

Directions: CIRCLE the best possible answer to each question.

1. Lifestyle creep is...
 - a. The tendency to prioritize social activities over your career
 - b. A social media influencer secretly pushing expensive products
 - c. The tendency to increase your spending as your income increases

2. How can you stop lifestyle creep in its tracks?
 - a. Write down your goals
 - b. Pay yourself first
 - c. Build a budget
 - d. Stop comparing yourself to others
 - e. Get creative with your upgrades
 - f. All of the above

3. When your income increases, fund your savings goals before considering lifestyle improvements
 - a. True
 - b. False