

MULTIPLE CHOICE

Directions: CIRCLE the best possible answer to each question.

1. Which one of these is not considered a typical perk of working from home?
 - a. Zero commute
 - b. Financial savings
 - c. Flexible schedule
 - d. Casual dress
 - e. Work and personal time blurring together
 - f. Access to snacks

2. Scrolling through social media is better for stress relief than going for a walk
 - a. True
 - b. False

3. What's a way to set clear boundaries between your personal time and your work time?
 - a. Use your space
 - b. Use your music
 - c. Use your outfit
 - d. Use your schedule
 - e. All of the above